



# MELODIC REMEDY

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# /////// DANCE STUDIO

Studio Handbook  
2021-2022



\*Please note that some of the policies & procedures regarding our COVID-19 protocols may have changed since this handbook was created. For the most updated information, please refer to our website.

# POLICIES & PROCEDURES

## TUITION

- An annual non-refundable Enrollment Fee of \$30/per student (\$15 for each additional family member) must be paid at the time of enrollment.
- All tuition is debited from your credit card on file on the 1st of each month. Monthly tuition rates remain the same regardless of the amount of weeks in the month. Some months only have 3 weeks of classes, while other months have 5 weeks of classes.
- A 3% convenience fee will be added to all credit card transactions. There is no fee for ACH transactions.
- If you wish to opt out of Auto-Pay, you must fill out a "Drop Auto-Pay Form", which is available on our website or in studio

## LATE FEES & NOTICES

- If tuition is not paid by the 10th of the month, you will be charged a non-refundable \$15 late fee.
- Automatic email notices are sent out on the 7th of each month notifying you of your current balance due.

## REFUNDS, ACCOUNT CREDITS & REFUNDS

- There will be no refunds given for any dropped classes mid-month. A credit can be issued to your account if requested.
- Payments may be received online by credit card or in the form of credit card, cash or checks payable to Melodic Remedy Dance Studio. Any returned personal checks will be charged a fee of \$25, which is to be paid in cash form.
- A 10% discount will be applied to dancers who pay for their classes for the year in full. A 5% family discount will be applied to families who have two or more dancers taking Unlimited classes.
- There may be some mistakes made when it comes to your account and charges. We ask that you please understand this and come to us with any concerns or problems in a respectful manner. We will do our best to fix any issues there may be!

## ARRIVAL, ATTENDANCE & MAKE UPS

- Any missed classes may be made up in another class of equal or lower level by the end of the dance season
- Please do not drop your child off more than 15 min before their scheduled class time.
- Please pick your child up within 10 mins of their class ending. Communicate with your child about what your pick up plan is and where they should wait for you.
- For the safety of your dancer, if you are more than 10 minutes late to class and have missed warmups, you may not be able to participate in class that day

## CLASS CHANGES & WITHDRAWALS

- Classes with fewer than 6 students will be subject to possible cancellation.
- If you wish to drop a class, It is recommended you drop your student from their classes through your Online Parent Portal. You can also fill out a Drop Request Form and turn it into the front desk before the 1st of the following month to avoid being charged tuition for that class. We may not accept Class Drop requests through email or phone.
- Changing into a different level class can be done only through the joint authorization of the teacher whose class you are leaving and the teacher of the class you would like to join.
- All classes level II and above need teacher approval before joining.
- Should there be any cancellation or changes to your regularly scheduled class time, we will do everything possible to notify you via phone and email contact information that you have provided to us.

# POLICIES & PROCEDURES

## ONLINE PARENT PORTAL

The online Parent Portal is your studio hub! Make payments, enroll in classes, manage auto-pay, view student classes and schedules & more!

Sign in through our website by clicking on the "Parent/Dancer Login" button on our homepage

You can also visit this site, [www.dancestudio-pro.com/online/melodicremedy](http://www.dancestudio-pro.com/online/melodicremedy).

## FRONT LOBBY & COMMON AREAS

- The Front Lobby and all other common waiting areas will be closed to anyone other than staff, students or parents with administrative needs at the front desk.
- Student curbside drop off & pick up will be required. Parents/guardians can walk their child to the front door if they choose, but can not come in.
- No child under the age of 8 should be left unattended for more than 10 minutes, unless they are waiting for their class to begin, or waiting to be picked up. Please do not drop off your child more than 10 minutes before their class start time.
- PLEASE BE ON TIME TO DROP OFF & PICK UP YOUR DANCER

## PHYSICAL SAFETY

- Dancing is physical exercise – you participate at your own risk and it is your responsibility to consult your physician to confirm your fitness capabilities before beginning any dance lessons. A doctors' note may be required to begin a class if you have special physical concerns, or to return to activity after an absence from class due to injury, illness, or during pregnancy. Always make your instructor aware of any physical limitations or concerns that you may have.
- No Acrobatics or tricks should be performed at any time without the supervision of an instructor!

## ETIQUETTE & CONDUCT

- Cell phones are not allowed on the dance floor. Please make sure cell phones are turned to a non-disruptive ringing mode during class.
- If for any reason you need to leave the premises during a class, please notify your instructor before class starts.
- Videotaping of classes is not permitted unless cleared with the instructor beforehand. Videos are not to be posted to YouTube or any other social media site without clearance from Melodic Remedy and the rest of parties in the video.
- We are thrilled to meet the many diverse personalities that join our studio and truly believe that every individual's personality should be allowed to shine. That said, anyone who is expressing a difficult, overly negative, inappropriate or disruptive attitude will be dismissed from any class at any time at the teachers sole discretion. This includes parents.
- Please be aware and respectful of your surroundings! Inappropriate language, conversations, or behavior will not be tolerated.
- We strive to keep a clean and tidy dance studio not only to create an enjoyable atmosphere, but for the comfort off all dancers and parents. Please keep our reception area, dance studios, bathrooms, and hallways clean!
- NO food, drinks (water ok), or gum in the studios. If you make a mess, please clean it up!

# HEALTH & SAFETY POLICIES

## **COVID-19 Health & Safety Precautions**

**As the county's guidelines continue to change, we are taking things day by day and updating our protocols and procedures as necessary.**

### **PHYSICAL DISTANCING PRECAUTIONS**

1. Student curbside drop off & pick up will be required. Parents can walk their child to the front door if they choose, but can not come inside the building at this time. We will allow parents of our 2.5-4yr olds to walk their dancers into class if needed.
2. Check in will be located at the main entrance door around the back of our building. Dancers MUST check in before going to class. Check in will include a temperature check and hand sanitization.
3. Social distancing must be followed at all times including during dance class. Failure to follow rules after a warning will result in removal from class.
4. There will be a limited amount of students in each studio. Our class sizes are smaller in order to meet the social distancing requirements put forth by the county and state.
5. Cubbies are placed in each studio to prevent crowded cubby halls and the mixing of students and their belongings from other classes.

### **HEALTH & SAFETY PRECAUTIONS**

1. Please do not send your child to class if they are feeling ill.
2. Face coverings must be worn by all staff members and dancers during all classes.
3. Each dancer & staff member's temperature will be taken before entering the building. Thermometer is a no contact infrared thermometer. Anyone with a temperature of 100.4 or higher will not be permitted into the building and will need to go home immediately. We recommend also taking your temperature at home before you leave.
4. Liquid Hand sanitizer will be sprayed on dancers hands upon entry and exit to the building and their studio. Dancers may also use their own hand sanitizer if they choose.
5. Soap is available in all bathrooms. Student will be encouraged to wash their hands before and after class.
6. No-touch sensed water bottle refill stations are available. Every dancer needs to bring a water bottle.
7. We will be cleaning our commonly used areas several times throughout the day including lobby, all studio surfaces, bathrooms, doorknobs, all surfaces outside, etc. Cleaning disinfectant products we are using have a short contact period, are EPA-registered, and approved for use against the virus that causes COVID-19. Areas will be cleaned before and after dancers have occupied them.
8. Windows & doors in the studios will be kept open for ventilation.
9. We have a strict plan in place in the event a positive case is reported within our studio. In the event, all students who came in contact with the Covid positive student will be contacted immediately with further information and guidelines to follow.

# CLASSES

## JAZZ

A fun, high-energy dance form that develops technique, rhythm, and style while building strength, flexibility, and body awareness.

## TAP

This is an audible art form in which dancers create sounds with their feet. This class will explore rhythm and timing while developing proper tap technique.

## HIP HOP

This energetic and popular dance style involves the whole body and is all about self-expression. Hip hop tends to be less structured than other dance forms as it is more about explosive movement than traditional technique. Hip-Hop is constantly changing, and new styles are regularly incorporated into classes.

## BALLET

The first standardized dance form, Ballet is the foundation of most other current dance forms. Students will develop grace, posture, body alignment, discipline, and artistry.

## LYRICAL

This style of dance is best described as a fusion of ballet and jazz. Lyrical is danced to music with lyrics that express strong emotions which is shown through their dancing.

## INTRO TO DANCE

A children's class which incorporates Ballet, Tap and Jazz. The jazz/ballet portion helps develop technique, strength, flexibility, coordination and motor skills and the tap portion helps with timing, rhythm, coordination and musicality. Students also play games that enhance cognitive and social development and learn classroom etiquette. These disciplines are the core of all other dance techniques and will jump start your child's journey into the world of dance as a discipline and an art.

## JAZZ N' TAPS

This is Jazz and Tap combo class. Students will need to change shoes halfway through class.

## FLIP HOP

This is a fun upbeat class consisting of both Hip Hop & Acro!

## MUSICAL THEATRE

Musical Theatre consists of jazz technique with acting to create a "Broadway" style of dance. This class has a great mix of fancy footwork and technique all while dancing to today's best showtunes. This is great for those involved in school and community theatre.

## ACRO

Acrobatics teaches flexibility, balance, strength, & tumbling skills. Students will learn handstands, chin stands, elbow stands, cartwheels, back bends, walkovers, and balance, & contortion tricks. This class is great for students looking to enhance their flexibility, & strength.

## STREET JAZZ

Street Jazz is a fusion of Hip Hop and Jazz. This style allows dancers to use their technique in a fun and edgy stylized way.

## DANCE CONDITIONING

This class is an endurance and strength-training based workout. This class focuses on strengthening & toning important muscles, while improving mobility and coordination to help advance your overall dance ability.

## CONTEMPORARY

Contemporary dance is a style of expressive dance that combines elements of several dance genres including modern, jazz, lyrical and classical ballet. Contemporary dance strives to connect the mind and the body through fluid dance movements. Dancers must be concurrently enrolled in a Jazz II or higher while taking this class.

## DRESS CODE

- **Intro to Dance/Jazz N' Taps:** These young dancers are welcome to wear the traditional leotard, skirt and tights. Dancers may also wear any outfit of their choice as long as they are able to move freely without distractions. Intro to Dance dancers will need Tap and Ballet shoes. Jazz n' Tap dancers will need Tap and Jazz shoes!
- **Jazz/Musical Theatre:** Comfortable form fitting active wear. (Tank tops, form fitting tops, leotards, leggings, shorts etc.) Hair must be pulled back out of the face in a ponytail. Tan Jazz shoes must be worn. Sneakers may be worn for Pop Hop.
- **Acro:** Comfortable form fitting active wear. (Form fitting tops, leggings shorts.) Hair must be worn up. Barefoot required.
- **Tap:** Comfortable activewear. No jeans allowed. Black or tan tap shoes must be worn.
- **Ballet:** Black leotard, Pink tights, Ballet Belt, Ballet slippers. Hair must be worn in a bun.
- **Hip Hop:** Comfortable clothing you can move in. Hip Hop Sneakers or tennis shoes must be worn. Hats are allowed.
- **Contemporary/Modern/Lyrical:** Comfortable form fitting active wear. (Form fitting tops, leggings, shorts etc.) Hair must be pulled back off the face. If hair is too short for a ponytail then it may be worn half up/down. Half Soles are the recommended and preferred shoe choice.

# CLASS LEVELS

Our classes & levels are developed for dancers seeking a progressive curriculum. Instructor approval is needed to take classes that go beyond Level I. Placement is based on the dancer's ability to retain and execute the required skills for each level. A student's ability to progress through each level successfully is based on attendance, skill execution, and technical improvement. Remember, every student progresses at a different pace!

## **LEVEL I:**

0-1 years training / No experience necessary

## **LEVEL II:**

1-3 years of dance training \*approval needed\*

## **LEVEL III:**

2-4 years of dance training \*approval needed\*

## **LEVEL IV:**

4+ years of dance training \*approval needed\*

## **LEVEL V + :**

5+ years of dance training \*approval needed\*

# MONTHLY TUITION

**All tuition is debited from your credit card on file on the 1st of each month. If you wish to opt out of Auto-Pay, you must submit a form to the Front Desk.**

Single Drop In .....	\$22
1 Class a week .....	\$75/mo
2 Classes a week .....	\$142/mo
3 Classes a week .....	\$199/mo
4 Classes a week .....	\$248/mo
5 Classes a week .....	\$285/mo
6 Classes a week .....	\$318/mo
7 Classes a week.....	\$343/mo
8 Classes a week.....	\$360/mo
Unlimited (9+ per wk).....	\$375/mo

## **DISCOUNTS:**

Siblings who are both on the unlimited plan will receive a 5% discount.

## **PRIVATE LESSONS:**

We offer private lessons in all styles. Please email us if you are interested.

# DANCE PROGRAMS

Our tracks are designed for all of our students needs. Whether they are dancing as a fun after school activity or eventually want to dance professionally. We have a place for each dancer within our track system.

## RECREATIONAL PROGRAM

Designed for students looking for a fun after school activity while also learning the fundamentals of the dance style.

**NO REQUIREMENTS OR EXTRA COSTS FOR THIS PROGRAM**

## PRE-COMPANY PROGRAM

The Pre-Company Program is designed for dancers who want to take their dancing to the next level and eventually transition into Company classes and/or competition teams. This program requires specific hours of training and an extra fee. Consistent attendance is required to stay in the Program. It is open to any students 9 years and up who want increase their

### REQUIRED CLASSES

4 + classes per week

### REQUIRED STYLES

Jazz or Musical Theatre, Ballet,  
Pre-Company Technique, 1 class  
of choice

### EXTRA COST

\$25 per month  
(in addition to tuition)

## COMPANY PROGRAM

Designed for competitive and non-competitive dancers looking for pre-professional training. Placement in the Company Program requires evaluation and/or audition. Company classes are offered at a separate studio and train along side all of our competitive dancers. Our Company Program offers 3 different Tracks - PREMIERE, CORE & ELITE. These tracks are separated based on skill, commitment level, and age. Within these tracks, are different groups; Mini, Junior, Teen, Senior, Force, Energy & Pro. The differences between these groups are subtle, but still include a combination of factors such as; the dancer's age, technical proficiency & adaptability of each style, work ethic, performance qualities, and overall dance ability.

Company Dancers have a separate schedule and tuition rate. For more information please visit our website.

*For more detailed information about our Programs, please visit our website.*

# COMPETITION TEAMS

We offer competition teams in a variety of levels and styles. Competition allows our dancers an accelerated training program and additional performance opportunities as an outlet for their creative talents. Melodic Remedy's Competition Team allows our dancers to take their studio training to the next level; learning to perform for an audience while being judged on their technique and artistic expression. The experience develops self-confidence and teaches the importance of discipline, teamwork, and commitment.

Dancers must audition in order to be placed in our competitive program. All competition dancers are automatically eligible for Company classes. Each team member will have required classes they must take in order to keep their place on the team.

**AUDITIONS ARE HELD ONCE A YEAR, TYPICALLY IN MAY. WE DO NOT OFFER MID-SEASON AUDITIONS**

VISIT OUR WEBSITE FOR ADDITIONAL INFORMATION

[WWW.MELODICREMEDY.COM](http://WWW.MELODICREMEDY.COM)

[Check out our YOUTUBE channel to watch some of our past competition season dancers!](#)



# ANNUAL PERFORMANCES

## COMPANY WINTER SHOW

A sneak peak into our Company Dancers and Competition Team routines!

*The 2021 Company Winter Show has been cancelled this year due to COVID restrictions*

## JUNE SHOWCASE

We put on an annual end of the year Showcase for all of MR's Spring Season dancers! This show is optional for all students, but HIGHLY encouraged! Shows are split up based on age and will be scheduled amongst the dates below. Specific show days & times TBA

### RECREATIONAL & PRE-COMPANY SHOW

Shows will be split up into 4 versions:

1. Preschool-Kindergarten
2. 1st-5th grade
3. 6th-12th grade
4. Acro Show

**REHEARSAL & SHOW WEEK: MON 6/6 - SUN 6/12**

### COMPANY SHOW

All Company classes will perform in the same show

**REHEARSAL & SHOW WEEK: MON 6/13-SAT 6/18**

**\*PLEASE VISIT OUR WEBSITE FOR ALL UPDATED SHOW DATES & TIMES FOR BOTH RECREATIONAL & COMPANY SHOWS**

# SUMMER PROGRAMS

## SUMMER DANCE CAMPS

*Beginner - Intermediate Level*

Camps consist of 4-5 Dance classes a day in different styles of dance including: Tap, Jazz, Ballet, Hip Hop, Lyrical, Musical Theatre, Acro. Our camps are designed for the Beginning - Intermediate dancer looking for a more fun and relaxed dance experience!

## SUMMER DANCE INTENSIVES

*Beginner - Advanced Levels*

These dance intensives will consist of multiple classes a day focused on different styles of dance including: Jazz, Ballet, Tap, Hip Hop, Contemporary Lyrical, Musical Theatre, Acro, & technique classes. These intensives are designed for the dancer looking to gain further dance training in these styles in a more serious atmosphere.

# '21 - '22 IMPORTANT DATES

### STUDIO CLOSURES

**Spring Break 2022:** Monday, March 28th - Sunday, April 3rd

**Memorial Day:** Monday, May 30th

### IMPORTANT DATES

**Last day of '21 - '22 Season classes:** Friday, June 3rd 2022

**June Show Rehearsal & Show Week:** Monday, June 6th - Sunday, June 12th

**COMPANY SHOW - Rehearsal & Show Week:** Monday, June 13th - Saturday, June 18th